Discover the Power of Breathwork

Private In-Person Breathwork Healing Sessions W4, London

These 90-minute sessions are held in a calm, private space and are intuitively guided to support deep healing and emotional release. Each session weaves together conscious breathwork, restorative sound healing, and gentle somatic support. Sessions are tailored to your unique needs.

Investment:

Single Session: £120

5-Session Package: £525 (save £75)
Payment plan available – contact me to discuss options

Committing to a series of sessions offers deeper integration, continuity, and space for meaningful transformation.

Purchase your Single session <u>here</u>Purchase your 5-Session package <u>here</u>

(Secure online payment. You'll receive a confirmation email with scheduling details.)

