

the Healing Journeys

Discover the Power of Breathwork

One-to-One Online Breathwork Sessions

Each 60-minute private session is held online and includes conscious connected breathwork, intuitive energy healing, and personalized support to help you release emotional blocks, reduce stress, and reconnect with your inner wisdom. You'll also receive a recording of your session for continued reflection and integration.

Investment:

- Single Session: £90
 - 5-Session Package: £400 (save £50)
- Payment plan available – contact me to discuss options

Booking a package supports deeper transformation and lasting change over time.

- 👉 Purchase your Single session [here](#)
- 👉 Purchase your 5-Session package [here](#)

(Secure online payment. You'll receive a confirmation email with scheduling details.)